

## Aviation Leadership and Management Skills Development– Body Language for Executives – ½ Day

### Introduction

Without doubt Body Language impacts executive presence. We need to recognise this and to embrace every opportunity to show that we are relaxed, comfortable and confident.

Whilst people have specific differences related to body language we can in fact focus on unique elements

This course is designed specifically to guide you in both understanding body language in others and modifying your own body language to improve successful engagements.

Adopting strong body language becomes a virtuous circle as it not only makes you appear stronger and more confident as a result this then has a tendency to actually influence your own personal feelings in a positive way.

### Who is the Course for?

The training is suitable for every level in the organizational structure as its aim is to improve the overall performance and efficiency of processes.

### What is the Benefit of this Training –What will I learn?

- a) Understand the specifics of body language
- b) Be aware of and apply body language techniques in professional situations
- c) Adopting strong body language

tel + 359 2 821 08 06  
email [office@sassofia.com](mailto:office@sassofia.com)

[www.sassofia.com](http://www.sassofia.com)

Date	On Demand
Category	Personal Development
Venue	On Demand
Level	Basic
Price	On Demand

## Why Should I Choose SAS for the training?

Sofema Aviation Services a Regulatory training and consulting company with 45 years of commercial aviation experience and 12 years of operational experience. Since we started we have provided certificates to approx 25,000 delegates we have grown for 2 primary reasons!

The first is that we are professional and we listen to our customers. Please visit our download area as an example of how we engage with our customer.

The second is not only the fact that our prices are far more cost-effective than our competitors it is that our discount program leaves all the others way behind – please do not take our word for it [check it out!](#)

## What Makes SAS Aviation Leadership and Management Skills Development– Body Language for Executives – ½ Day Different?

Because our courses are written by people who have lived through the regulations, from the introduction in the early '00s. EASA Part M is an essential regulation related to the management of the aircraft.

At Sofema Aviation Services our focus is on accepting that compliance with EASA Regulations is, in fact, minimum compliance. Interpreting the regulations in a way which enables the development and optimization of our business is where we should see an opportunity to drive efficiency and cost-saving.

## Detailed Content / Topics - The following Subjects will be addressed

- 10 Body Language Deceptions
- Physical Aspects of Non Verbal communication
- Territories And Zones
- Hand and Arm Gestures
- Arm Barriers
- Leg Barrier
- Eye Signals
- Other Popular Gestures and Actions

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## Target groups

All levels of expertise within the organizational environment.

## Pre-requisites

A background in the aviation environment.

## Learning Objectives

The primary purpose of this training is to provide a thorough understanding of body language in the organizational environment. The course also aims to stimulate later application of those techniques in the work processes.

## What do People Say about Sofema Aviation Services Training?

*"This training offers very good explanations of difficult topics."*

*"All aspect were useful, the examples were great."*

*"This training helped me to develop some new skills."*

*"The instructor is very resourceful and intelligent."*

*"Having a visual material helps a lot the learning process."*

## Duration

½ Day – The day will commence at 09.00 and finish at 13.00 with appropriate refreshment breaks.

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