

Aviation Leadership and Management Skills Development – Body Language for Executives – 1/2 Day

Introduction

Without a doubt, Body Language impacts executive presence. We need to recognize this and embrace every opportunity to show that we are relaxed, comfortable, and confident.

Whilst people have specific differences related to body language we can in fact focus on unique elements

This course is designed specifically to guide you in both understanding the body language of others and modifying your own body language to improve successful engagements.

Adopting strong body language becomes a virtuous circle as it not only makes you appear stronger and more confident as a result this then has a tendency to actually influence your own personal feelings in a positive way.

Who is this course for?

The training is suitable for every level in the organizational structure as its aim is to improve the overall performance and efficiency of processes.

What is the Benefit of this Training – What will I learn?

- a) Understand the specifics of body language
- b) Be aware of and apply body language techniques in professional situations
- c) Adopting strong body language

tel + 359 2 821 08 06
email team@sassofia.com

www.sassofia.com

Date	On Demand
Category	Personal Development
Venue	On Demand
Level	Basic
Price	On Demand

Detailed Content / Topics - The following Subjects will be addressed

- 10 Body Language Deceptions
- Physical Aspects of Non-Verbal Communication
- Territories And Zones
- Hand and Arm Gestures
- Arm Barriers
- Leg Barrier
- Eye Signals
- Other Popular Gestures and Actions
- Reading Body Language in the COVID-19 Era: Navigating Nonverbal Communication in Mask-Wearing Society

Target groups

The training is suitable for managers, team leaders, and personnel of leading positions within the organization.

Pre-requisites

A background in the aviation environment.

Learning Objectives

The primary purpose of this training is to provide a thorough understanding of body language in the organizational environment. The course also aims to stimulate later application of those techniques in the work processes.

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What do People Say about Sofema Aviation Services Training?

*"I found satisfying answers to all my questions."
"The instructor demonstrated very deep knowledge of the subject."
"The length of the course fit my needs and expectations."
"The content was really effective, I gained a lot of new knowledge."
"The practical examples were perfectly delivered."*

Duration

½ Day– Start at 09.00 and finish at 13.00, with appropriate refreshment breaks.

To register for this training, please email team@sassofia.com or Call +359 28210806

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