

# Working From Heights Safely – A Comprehensive Overview for EASA Part 145 Organizations – ½ Day

# Introduction

In an era were working at heights remains a necessity across various industries, from Aircraft Line to Base Maintenance, the importance of safety cannot be overstated. Throughout "Working from Heights Safely" we consider the need to equip individuals with the critical knowledge and skills needed to navigate the risks of working at elevated levels.

It is important to understand the inherent risks and legal standards related to the practical application of safety measures and equipment associated with working from heights Whether you're stepping onto a scaffold for the first time or looking to update your safety knowledge, it is essential to ensure you have a solid understanding of safety protocols, risk assessment, and the use of protective equipment when working at heights.

Working at heights remains one of the most significant safety challenges in many industries, particularly in aviation maintenance. The inherent risks demand stringent safety measures to prevent accidents and injuries. This course empowers participants with the knowledge and skills necessary to navigate these risks effectively, ensuring not only their safety but also that of their colleagues.

This course is meticulously designed to address the paramount importance of safety while working at elevated levels—a necessity across a multitude of industries, with a significant emphasis on Aircraft Line and Base Maintenance within EASA Part 145 organizations.

#### Who is the course for?

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This course is relevant for anyone within an EASA Part 145 organization who may be required to work at heights, including but not limited to technicians, maintenance personnel, safety officers, and supervisors. It's equally vital for newcomers stepping onto a scaffold for the first time and veterans in the industry looking to update and refresh their safety knowledge.

	Date	On Demand
tel + 359 2 821 08 06 email team@sassofia.com	Category	Personal Development
	Venue	On Demand
	Level	Basic
	Price	On Demand



## What is the Benefit of this Training - What will I learn?

- a) Understanding the risks and hazards associated with working at heights and how to effectively mitigate them.
- b) Familiarity with legislation and standards governing safety practices for working at elevated levels.
- c) Mastery in the use of personal protective equipment (PPE) and the importance of its correct application.
- d) Proficiency in conducting thorough risk assessments tailored to specific working at heights scenarios.
- e) A deep understanding of emergency procedures and rescue plans to ensure readiness in case of an incident.

## Detailed Content / Topics - The following Subjects will be addressed

- General Introduction
- Understanding Risks and Hazards
- Working from Heights & the Link to Human Factors & Safety System Reporting
- Legislation and Standards
- Access Equipment
- Personal Protective Equipment (PPE)
- Risk Assessment and Planning
- Emergency Procedures and Rescue Plans

#### Learning Objectives

This training offers a thorough understanding of working at heights, covering risks, mitigation techniques, and compliance with safety standards. Participants master PPE usage, conduct tailored risk assessments, and learn emergency procedures for prompt response to incidents.

#### Target Groups

Technicians, maintenance staff, safety personnel, and supervisors. It's equally crucial for newcomers just starting out on scaffolds and seasoned industry professionals seeking to enhance their safety expertise.

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### **Pre-requisites**

A basic understanding of occupational safety and familiarity with EASA Part 145 regulations.

#### What do People Say about Sofema Aviation Services Training?

"I found satisfying answers to all my questions." "The instructor demonstrated very deep knowledge of the subject." "The length of the course fit my needs and expectations." "The content was really effective, I gained a lot of new knowledge." "The practical examples were perfectly delivered."

#### Duration

1/2 day – Start at 09.00 and finish at 13.00, with appropriate refreshment breaks. To register for this training, please email team@sassofia.com or Call +359 28210806

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