

Aviation Companies Showing Compliance with European DSE Requirements

Sofema Online (SOL) www.sofemaonline.com reviews a checklist for assessment of All Display Screen Equipment (DSE) and associated equipments.

Introduction

Creating a checklist for a Display Screen Equipment (DSE) assessment, which is crucial for ensuring ergonomic and safe work environments in compliance with European standards, involves several key aspects.

- This checklist is designed to help evaluate the setup of workstations where DSEs are used, such as computers, laptops, and monitors, ensuring they meet health, safety, and ergonomic requirements.
- The European Directive 90/270/EEC lays down minimum safety and health requirements for work with display screen equipment, which many European countries have incorporated into their national legislation.

DSE Assessment Checklist

Equipment Setup and Use

- The screen is clear and easy to read, with no flickering or glare.
- The keyboard and mouse are positioned so that the wrists are straight.
- The mouse and keyboard are close enough to prevent overreaching.
- There is adequate space to use the mouse comfortably.
- Document holders are provided if needed and are stable and adjustable.

Furniture and Environment

- The chair is comfortable and supports the lower back.
- The desk or work surface is big enough for all necessary equipment.
- There is enough legroom and space to move freely.
- The lighting is suitable, with no excessive brightness or dark spots.

- Noise levels are acceptable, without disruptive sounds affecting concentration.

Screen Position and Equipment

- The top of the screen is at or slightly below eye level.
- The screen is about an arm's length away.
- The screen is positioned to avoid glare from windows or lights.
- Accessories, like monitor stands or document holders, are used as needed to achieve the correct layout.

Software and System Design

Software is appropriate for the task and user-friendly.

The interface design minimizes strain and maximizes efficiency.

The software settings (e.g., font size, contrast) are adjustable to suit the user's needs.

Health and Safety Practices

- Users are aware of how to adjust furniture and equipment.
- Users take regular breaks or change activity to avoid fatigue.
- Users are aware of the company's DSE policy and know how to report problems.
- Eye tests are offered to all DSE users, and glasses are provided if needed for DSE work.

Training and Information

- All DSE users have received training on setting up their workstation ergonomically.
- Information is provided on the risks associated with DSE work and how to minimize them.
- Users are trained on specific software and tools necessary for their tasks.

Special Requirements

- Adjustments are made for users with disabilities or special needs.
- Ergonomic accessories are available for those who need them (e.g., wrist rests, footrests).

Next Steps

Realise your potential with EASA compliant training courses designed for aviation professionals. Sofema Online offers you the flexibility to learn at your pace, anywhere, anytime. We provide the expertise and certifications you need.

Act Now! and take the first step towards your training and competence building goals choose your course here -<https://www.sofemaonline.com/lms/all-courses> or visit our A to Z of all courses <https://www.sofemaonline.com/43-marketing/108-a-to-z>