

EASA Fatigue Risk Management Systems for Part 145 Maintenance – Train the Trainer – 2 Days

Introduction

Ensuring Maintenance Organizations take full account of the potential exposure related to Fatigue within the workplace is an essential part of the Safety System obligations of the organization to ensure full compliance with EASA requirements. It is also of significant and strategic benefit to the organization to ensure optimum engagement with the workforce.

This course considers best practice training techniques together with the myriad of other factors that should be gathered and understood as precursors to delivering the most effective training.

This is not an entry-level course and assumes you are an existing trainer with knowledge of EASA Part 145 and Human Factors who is looking to “hone” your skills and provides a range of learning techniques to enable you to continue to deliver appropriate training within your organization.

The course is extremely intensive, highly practical, promotes best training practices, and focuses both on the implementation and management processes to ensure the highest standards of Human Factors in Initial and Continuation Training.

Extensive use is made of group exercises, case studies, and feedback.

The delegate will receive pre-course work in support of this training to add value to the practical elements of this training. In addition, the delegate will make several short presentations throughout the training and will develop a typical training program for a maintenance-related subject.

What is the Benefit of this Training – What will I learn?

- a) Review the need for EASA 145 Fatigue Risk Organization Training
- b) Consider the Adult Learning Experience – Andragogy
- c) Understand the best use of instructional tools and techniques to enhance instruction
- d) Understand techniques to optimize and deliver practical presentations
- e) Focus on the development of your communication skills.
- f) Learn how to motivate participants and to maintain attention
- g) How to ensure participants’ active involvement throughout the training.
- h) Consider group learning and collaborative learning techniques.

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Date	On Demand
Category	Personal Development
Venue	On Demand
Level	Basic
Price	On Demand

Detailed Content/Topics - The following Subjects will be addressed

Day 1

Introduction

Terminology and Abbreviations

Regulations Applicable to Fatigue within an EASA Part 145

FRMS – How to Assess Your Organisations Status

Understanding the challenges of Training an Adult Group

Delivering Effective Training

How to Maintain Participants Motivation and Attention

How do we Measure the effectiveness of Fatigue training within the organization?

The Concept of Fatigue Risk Management Systems

Science of Sleep and Foundations of Fatigue

Understanding the Challenge of Migrating from a Compliance-Based FRMS to a Performance-Based FRMS

The Impact of Fatigue in Maintenance Errors

Day 2

Balancing Presentation, Motivation Debate & Discussion

Considering the Challenge of Developing an Open and Effective Reporting Culture

Considering the Steps to Implement an Effective FRMS within Your Organisation

Speaking in Public – Developing your Skills

Integrating FRMS within an SMS

Writing a Lesson Plan

Creating a Positive Learning Atmosphere

FRMS Systematic Management

FRMS Documentation

Gathering EASA Part 145 "Organisational Specific" Data

FRMS Training

Promotion of FRMS Within the Context of a "Culture of Trust"

Target Groups

This course will be of very significant benefit to existing Human Factors and Safety trainers who are looking to extend their reach to include Fatigue Risk Management

Quality Assurance, Training Department Managers and other Training staff will also benefit from attendance at this course.

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Pre-requisites

A background in an aviation maintenance environment together with EASA Part 145 experience completion of Human Factors and previous experience as a trainers.

Learning Objectives

After attending this course, participants should be able to update a company-specific HF training program compliant with 145 requirements for both Initial and recurrent training.

What do People Say about Sofema Aviation Services Training?

"This training offers very good explanations of difficult topics."

"All aspects were useful, and the examples were great."

"This training helped me to develop some new skills."

"The instructor is very resourceful and intelligent."

"Having a visual material helps a lot in the learning process."

Duration

2 days – Each training day will start at 09.00 and finish at 17.00, with appropriate refreshment breaks.

To register for this training, please email team@sassofia.com or Call +359 28210806

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