

Health and Safety Essentials for Display Screen Equipment (DSE) Users – 1/2 day

Introduction

Welcome to "Health and Safety Essentials for DSE Users in the EU," a comprehensive training course designed to equip you with the knowledge and skills necessary to navigate the complexities of Display Screen Equipment (DSE) use in the workplace.

Through this program, you will explore the EU's regulatory framework, understand the health risks associated with prolonged DSE use, and learn how to implement effective risk management strategies to create a safer, more ergonomic workspace.

From conducting risk assessments in compliance with Directive 90/270/EEC to adopting best practices for workstation setup and eye care, we will guide you every step of the way.

Who is the course for?

The course is designed for individuals who regularly use display screen equipment (DSE) as part of their work responsibilities. The course aims to educate participants about the health and safety risks associated with prolonged DSE use and provide them with strategies to minimize these risks, ensuring a safer and more ergonomic working environment.

What is the Benefit of this Training – What will I learn?

- a) Legal compliance with EU directives, reducing the risk of fines and legal challenges.
- b) Empowerment of employees to take an active role in their own health and safety by adopting proper workstation setups and work habits.
- c) Ability to adapt to technological changes and future-proof workplaces by applying the principles of health and safety in evolving work environments.
- d) Gain an Increased awareness of health risks associated with prolonged DSE use, including visual fatigue, musculoskeletal disorders, and mental stress.
- e) Understand the need for practical skills for conducting effective DSE risk assessments and implementing risk management strategies.
- f) Awareness of the need for ergonomic workspace design to enhance safety and comfort for DSE users.

tel + 359 2 821 08 06
email team@sassofia.com

www.sassofia.com

Date	On Demand
Category	Personal Development
Venue	On Demand
Level	Basic
Price	On Demand

Detailed Content / Topics - The following Subjects will be addressed

- Introduction
- Health and Safety Essentials for DSE Users in the EU
- Understanding DSE and Health Risks in the EU Context
- How EU Regulations Integrate with National Laws
- Conducting a DSE Risk Assessment in the EU
- Implementing and Reviewing Controls: Adhering to EU Regulations

Learning Objectives

Through this program, the delegates will learn about the European Union's regulatory framework, gain an understanding of the health risks linked to prolonged Display Screen Equipment (DSE) use, and acquire the skills to implement effective risk management strategies. These strategies will enable you to establish a safer and more ergonomic workspace, promoting overall well-being and productivity.

Target Groups

This course would typically include individuals who regularly use display screen equipment (such as computers, laptops, or other digital devices) within the aviation industry. This might encompass pilots, air traffic controllers, ground crew, administrative staff, or any other personnel whose work involves significant interaction with DSE in the aviation sector.

Pre-requisites

There are no specific pre-requisites for taking this course.

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What do People Say about Sofema Aviation Services Training?

"I found satisfying answers to all my questions."
"The instructor demonstrated very deep knowledge of the subject."
"The length of the course fit my needs and expectations."
"The content was really effective, I gained a lot of new knowledge."
"The practical examples were perfectly delivered."

Duration

1/2 day – Start at 09.00 and finish at 13.00, with appropriate refreshment breaks.
To register for this training, please email team@sassofia.com or Call +359 28210806

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